

Clear Horizon

CURRICULUM VITAE

Dr Mutsumi Karasaki, Principal Consultant



Overview of Expertise

Mutsumi is an experienced anthropologist/sociologist, who is passionate about building an inclusive and caring society through collaboration and co-design. Having completed a PhD in Public Health, Mutsumi has spent the last 15 years involved in projects both nationally and internationally in wide ranging areas including lived experience of chronic conditions and disability, deafness, mental health and wellbeing, spousal care, social contexts of alcohol and other drugs use, and early childhood care. Along with his extensive research experience and expertise in ethnographic methods and analysis, he brings skills in design thinking and participatory design.

Qualifications & Training

- 2015 Doctor of Philosophy (Public Health), Monash University
- 2005 Graduate Diploma of Education (Secondary), Monash University
- 2004 Bachelor of Arts (Honours, First Class), Monash University

Project Experience

Monitoring, Evaluation and Learning framework development and implementation support



- Project manager for developing and implementation support for the monitoring, evaluation and learning framework for SpeakUP, a project by LifeStart to build capabilities of students with disability and their families to increase their participation at school (2021-2023)
- Project manager for developing Learning and Inquiry Framework for QLD South West Hospital and Health Service (SWHHS)'s Mental Health, Alcohol and Other Drug (MHAOD) services (2022-2023)
- Project manager for MEL framework development for the NSW regional key worker attraction and retention initiative (2022)
- Project manager for developing and implementation support for the monitoring, evaluation and learning framework for the Disability Worker Regulation Scheme (2021-2022)
- Technical Advisor and Team member for the Story Hubs evaluation (2023-2025)
- Team member for the Evaluation of the Victorian Department of Social Recovery Initiatives to Schools project (2022- 2023)
- Team member for developing the monitoring, evaluation and learning framework for the Front Project, which is a national organisation working to create transformational change in the early childhood sector (2021).

Evaluation of place-based initiatives



- Providing MEL capability building and developmental evaluation support for “Our Town”, which is an ambitious 12-year community-led mental health initiative with 6 South Australian rural towns (2020-current).
- Project manager for MEL support for NSW GROW, a collective impact initiative to make regional towns more welcoming to refugees and migrants seeking jobs (2022-current)
- Project manager for developing a shared measurement framework for Growing Stronger, a place-based initiative in rural/regional NSW to improve young people’s mental wellbeing and to reduce their alcohol and other drugs misuse (2022-current)

Participatory Design



- Team member of a co-design project for North Western Melbourne Primary Health Network to inform Alcohol and Other Drugs commissioning activity (2021)
- Leading the Mentally Healthy Workplaces Network co-design and evaluation project for WorkWell (2022-2023)
- Senior research fellow leading a participatory design project entitled Co-designing ECEI, to co-design practice frameworks for the National Disability Insurance Scheme Early Childhood Intervention program (2018-2020)

Other Research Projects



- Postdoctoral researcher co-leading the Growing up in Amsterdam: eating, sleeping and body movements in households with young children project, in which he developed a conceptualisation of early parenting competence to be used by health care professionals (2016-2017)
- Conducting data analysis on the Workforce challenges under cash-for-care models: Regulating for quality jobs in the NDIS project (2018)
- PhD research project entitled Fractured lives: partnering younger people with stroke, which was an ethnographic study about experiences of the spouses of individuals who had a stroke at a relatively young age (2011-2015)
- Project management and conducting data collection and analysis on the MIGHTY: Improving GP management of Youth Mental Health project, which explored how young people (aged 16-21) use GPs and Emergency Departments for their mental health (2015)
- Conducting data collection with young people (18-25 years old) who use drugs, on the Understanding and Reducing Alcohol-Related Harm Among Young Adults in Urban Settings project (2014)
- Conducting data analysis and preparing a manuscript for publication on the Analysing Addiction Concepts for Improved Public Health Outcomes in Australia project (2011)

Positions held

2024-Present	Principal Consultant, Clear Horizon
2020-2023	Senior Consultant, Clear Horizon
2018-2020	Senior Research Fellow, Research and Policy Centre, Brotherhood of St Laurence
2015-2017	Postdoctoral Researcher, University of Amsterdam
2010-2015	Research Assistant, Monash University, Curtin University, University of Melbourne
2008-2010	Education Policy Officer, Deaf Children Australia
2006-2007	Classroom Teacher, Narre Warren P-12 College
2002-2005	Member of Online Care Team, DepressioNet

Academic Publications

Veltkamp, G., Karasaki, M., and Bröer, C. (2020). Family health competence: attachment, detachment and health practices in the early years of parenthood. *Social Science & Medicine*. 266(Dec).

Karasaki, M., Warren, N., and Manderson, L. (2017). Orchestrating home: experiences of spousal stroke care. *Medicine Anthropology Theory*. 4(1), 79–104.

Karasaki, M., Fraser, S., Moore, D. and Dietze, P. (2013) The place of volition in addiction: Differing approaches and their implications for policy and service provision. *Drug and Alcohol Review*. 32(2), 195-204.

Selected Conference Presentations

Stempel, A., and Karasaki, M. (2023) Using a robust discovery phase to build better theories of change. Australian Evaluation Society International Conference, 27-29 September 2023, Brisbane, Australia

Karasaki, M. Ozge, J., Peters, D., and Allan, M. (2019) Transforming research: Embedding lived experiences in applied research. Anglicare Australia National Conference, Our Stories: The Power to Change, 8–11 September 2019, Perth.

Karasaki, M., Moerman, G., Bröer C. and Veltkamp, G. (2017). Technologies of being-in-time: situating early childhood health care practices in time. 13th Conference of the European Sociological Association, 29 August – 1 September 2017 Athens, Greece.

Karasaki, M (2016). Stuck in the Blind Spot: Experiences of Spousal Stroke Care. (2016). The Society for Applied Anthropology Annual Meeting, 29 March 29 – 2 April, 2016, Vancouver, Canada.

Other publications

Karasaki, M. and Oonk, Joop (2017). Making inclusive art work. In S., Mitter and L., Reuter (Eds), *Innovation Diversity – New Approaches of Cultural Encounter in Europe* (pp. 106-109). Cologne, Germany: Un-label